

HOTEL & SPA

## SPA MENU



## WELCOME TO THE ROYAL CHAMPAGNE SPA

A urban spa experience in the most bucolic of settings.

15,000 square feet at the foot of the vineyards. Its curved wood exterior reveals a spa with an intimate atmosphere that's as unfussy as it is indulgent.

9 treatment rooms, including 2 suites dedicated to duo treatments: Effervescence and La Part des Anges.

For complete relaxation, two swimming pools. The 25-meter-long indoor pool is bathed in light and adjacent to a jacuzzi; the outdoor pool (16 meters long) is surrounded by clusters of grapes.

# myBlend



## Tailor-made Synergistic Treatments

High-tech beauty reinvented with tailormade treatments created by Doctor Olivier Courtin-Clarins. Expert techniques combined with the power of non-invasive technologies - LEDs, radiofrequency, micro-currents and thermal variation to stimulate the skin's natural mechanisms. resulting in profound self-regeneration.

MyBlend facials offer a formula to suit every skin concern and emotion. A perfect combination of precise gestures, recognised cutting-edge technologies and highly concentrated formulas to go beyond traditional cosmetics, and guarantee exceptional results for the skin and ultimate well-being.

To best meet your needs, treatments are developed based on a digital skin diagnosis and an in-depth dialogue with your with your practitioner. The products and technology are selected just for you, and adapted to your skin.

**Express** | **30** min | Visible results in the shortest possible time with a technology-centered experience boosted by the power of the LED mask.

**Essentials** | 1h | A treatment that stimulates the tissues and provides a sensation of well-being thanks to a deep remodelling for an immediate transformation of your skin.

**Expert** | **1h30** | Immerse yourself in a rejuvenating bath offering spectacular skin results combined with intense relaxation, restoring face radiance and vitality.

FACIAL TREATMENTS

) CLARINS CLOUD



## Treatment with Rare Expertise

Ethnobotanists have unveiled the secret of the enigmatic Queen of the Night flower: this extraordinary blossom possesses an incredible capability, harnessed through the powerful cryoextract, which reactivates skin's longevity at cellular core, thereby preserving the skin's youthfulness. Spectacular anti-ageing results thanks to a perfect technique combining the Clarins professional method and ancestral Asian methods. The artful combination of smoothing, vibration and percussion create a unique, rhythmic and mastered gestures. This targeted action is elevated through the use of specialised tools that are full of surprises - balls, rollers delivering lifting and plumping results.

Facial Treatment Clarins Precious | 1h or 1h 30

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## SCRUB

#### Tonic Sweet & Salty by Clarins |1h

The ultimate pleasure scrub, rich in essential oils. A 100% natural exfoliation that leaves the skin delicately perfumed, infinitely soft and velvety.

## WELLNESS MASSAGES

### **Rebalancing by Clarins** |1h A massage to relieve muscular tension, relax the body and restore energy.

#### Relaxing |1h or 1h 30

This succession of fluid and enveloping movements provides an appeasement conducive to a deep relaxation of body and mind.

#### Californian |1h or 1h 30

Enveloping effleurage motions followed by more intense pressures to relieve deeper tensions for maximum relaxation.

#### Candle |1h or 1h 30

A true hymn to letting go, this treatment offers a unique sensation on the skin. The candle, made from natural wax, provides a soft, melting warmth.

#### Future Mom |1h

To relieve and soothe the tensions linked to pregnancy. Nourishing and repairing cocoon with softening oil to improve skin elasticity.

## HIGH TECHNICALITY MASSAGES

Let yourself be guided by the expert hands of our therapists on a unique sensory journey.

#### Deep tissue |1h or 1h 30

Therapeutic relaxation of the body's deep muscles to relieve pain, tension or sports injuries, or sports injuries.

#### African |1h or 1h 30

Alternating pressing and stretching to different rhythms of varying strength, for an invigorating and relaxing massage.

#### Balinese |1h or 1h 30

A draining escape that soothes the nervous system relaxes the joints and oxygenates the tissues.

#### Ayurvedic |1h

A unique moment of well-being originating in India to drain toxins and improve blood circulation using gentle movements to stimulate the body's pressure points.

#### Sportive |1h

The perfect ally, before or after physical effort, to prepare the body, release tension, improve flexibility and prevent injury.

#### Brazilian Drainage | 1 h

Dynamic lymphatic drainage technique with slimming and firming properties to reactivate the circulatory systems.

#### Maderotherapy |1h

Peruvian slimming and anti-cellulite massage to help detoxify, sculpt and drain thanks to the action of wooden tools.

#### Foot or facial reflexology |1h or 1h 30

From traditional Chinese medicine, this method stimulates specific points to rebalance all the body's systems.

#### Reflexo-Relax |1h or 1h 30

A relaxing and calming method through pressure on reflex points and soothing action.

#### With Bamboos |1h

A revitalising and relaxing massage using different shapes of bamboo to create a deep intramuscular, draining and revitalising effect.

#### Face & Skull |1h or 1h 30

Several techniques are combined to meet your expectations (anti-ageing, relaxation, drainage...) in a personalised treatment to nourish, sculpt and relax your face.

## OUR SPECIALISTS

Discover (or rediscover) their expertise through a real moment of well-being.

#### Kobido |1h

A traditional Japanese holistic art that provides a natural, invigorating and rejuvenating face and neck lift.

#### Shiatsu |1h

Japanese massotherapy technique to relieve stress and tension while stimulating the immune system. 07

Bonpoint

BEAUTÉ



A genuine alchemist of beautiful materials,Based on its legendary orange blossom accord, Bonpoint has created a luxury skincare routine dedicated to the sensitive skin of the whole family, completing the experience of transmission that the company cherishes.

## Skincare is child's play!

Royal Champagne is delighted to invite children to discover the world of the Spa.

Once upon a time... Because it's never too early to introduce beauty and wellbeing to every one of us, Bonpoint is presenting a skincare ritual imbued with poetic and softness. From the age of 6, take your child on a delightful journey of relaxation and sharing to initiate them to the first gestures of well-being.

#### The Dreamy Treatment | 30 min from 6 years old 🗆 1h from 10 years old

Thanks to the caring presence of a parent, the child - in confidence enjoys a relaxing moment of complicity. Breathing is at the heart of every stage of the treatment, from the back massage to the trapezius and the face. It includes the traditional steps of cleansing, moisturising and massage for a playful discovery of the the joys of relaxation. End your sensory journey with a gourmet break.

#### Parent-child massage | 45 min from 7 ans

Share a privileged moment with your child during duo body massage. Parent and child enjoy a moment of pure relaxation, each choosing the pressure that suits them. Our experts have selected allergen-free natural products for even the most sensitive skin.

## **BEAUTY** TREATMENTS

Nail Care & Classic Polish (hands / feet) Make-up Waxing (small areas) Shampoo, Blow dry & Hair cut (short hair / long hair)

## FITNESS WELLNESS

A state-of-the-art fitness room equipped with Technogym and a yoga studio for solo, duo or family sessions, accompanied (on request) by a fitness coach.

Functional Training Pilates Meditation Yoga Outdoor activities

#### ROYAL CHAMPAGNE SPA TERMS AND CONDITIONS

#### **OPENING HOURS:**

The Spa is open every day, from 8.00 a.m. to 8.00 p.m The fitness room is open everyday 24h/24h. This schedule is subjet to modifications and a temporary closure might occur on decision of the Spa Management. Neither compensation nor damages can be claimed for these incidents.

#### APPOINTMENT:

We thank you in advance for arriving at least 15 minutes before the start of your treatment. Please specify any health restrictions at time of booking your treatment. In addition to their treatment reservation, guests not staying at the hotel may enjoy, before their treatments, access to the following facilities: steam room, sauna and jacuzzi, subject to availability of spaces and facilities on the day. In the event of delays, we will have to shorten your treatment duration in order not delay all subsequent following appointments.

<u>HYGIENE/ HEALTH:</u> The spa is not accessible with outside shoes, Cleaned and reusable slippers are at your disposal at the spa reception. For hygiene reasons animals are not allowed in the swimming pools and spa areas.

#### EQUIPMENT USE:

Please wear a bathing suit in the relaxation areas. The hammam, sauna and whirlpool are shared by all.

#### HEALTH CONSIDERATIONS:

Please keep us informed about your condition, allergies or injuries, reasons for not using some kind of fitness equipment, disability to practice a sport or to enjoy services like sauna or hammam.

#### MOBILE PHONE:

In the interest of everybody's well-being and peace, please switch off your mobile telephones and other electronic devices when entering the spa area. Should you be expecting a message, our receptionists will be delighted to assist you.

#### SPA SWIMMING POOLS FOR CHILDREN:

Children under 12 are welcome in the relaxation area and swimming pool areas accompanied by an adult from 9:30am to 5pm, provided they respect the calm that reigns there. The jacuzzis are accessible for children over 6, accompanied by an adult. The steam room and sauna are accessible for adults only.

#### CANCELLATION POLICY:

Any modification to your booking should be notified 24 hours in advance. Please note that cancellations must be announced at least 24 hours prior to your appointment. Cancellations made after this time will be charged at full rate.

#### DRESS CODE:

Gowns, slippers and disposable underwear are available at the spa. Clean, indoor sport shoes are compulsory in the fitness studio. Flipflops and slippers are not allowed for your own safety.

#### WARNING:

Any customer using the spa does so under their own responsibility. The customer must use the spa facilities with care and attention, according to its intended use, taking care to avoid injury to themselves or a third party. The Hotel disclaims any liability in case of accident or injury to the customer and more generally in case of damage of any kind suffered by the customer and resulting from the use of the spa. The customer remains solely responsible for any personal object that he leaves in the spa, changing rooms, lockers provided for this purpose and in the pockets of the bathrobe.

The hotel is not responsible for any theft or damage to any personal items. The client can ask at the reception of the Hotel to place their personal belongings in a secure place. By accessing the spa, the client acknowledges having read and agreed to these terms.

\*The term massage, usually reserved for the medical profession, corresponds in our establishment to a modelling without a therapeutic purpose, only for relaxation purposes.

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